

- * Joshua 7:6
- * 2 Samuel 13:19
- * Proverbs 24:11-12

James 4:17 (NKJV) 17 Therefore, to him who knows to do good and does not do it, to him it is sin.

- * Exocus 14:13-18
- * Daniel 3:13-18
- * Matthew 26:36-39

Genesis 50:19-21 (NKJV)

19 Joseph said to them, "Do not be afraid, for am I in the place of God? 20 But as for you, you meant evil against me; but God meant it for good, in order to bring it about as it is this day, to save many people alive. 21 Now therefore, do not be afraid; I will provide for you and your little ones." And he comforted them and spoke kindly to them.

Hebrews 11:6 (NKJV) 6 But without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who diligently seek Him.

* Matthew 6:16-18

BIBLICAL REASONS FOR FASTING

- 1. For direction and discernment (Ezra 8:23 & Esther 4:16)
- 2. When we are seeking to be loosed from a bondage, or...
- 3. Seeking the Lord during great times of grief or sadness
- 4. Interceding for someone else to be loosed from a demonic oppression or evil spirit

- * Isaiah 58:1-11
- * Acts 20:22-24
- * John 15:13

